



"I've been singing for a very long time," says Hayden.



Hayden fears a Dixie Chick!

Hayden Panettiere is proud of her upcoming pop-rock CD, but she's not quite ready for everyone to hear it. "[*Heroes* co-star] Adrian Pasdar has been bugging me about giving him a copy of the album, but I am really nervous — I'm like, 'No, I don't want Natalie [Maines, Dixie Chicks singer and Adrian's wife] to hear it!'" the 17-year-old singer/actress tells *In Touch*. Relax, Hayden, we're sure she'll love it!

DON'T MISS!

TELEVISION

Flash Gordon

The classic science fiction hero gets a sexy new spin in this flashy and fun new series starring Gina Holden and *Smallville*'s Eric Johnson (right). **Friday, August 10, Sci-Fi, 9 p.m. ET**



Guiding Light

Daytime's oldest soap loses its most popular heroine when Beth Ehlers skips town as reformed bad girl Harley. What's the story behind her shocking exit? Find out in the new *CBS Soaps in Depth*, on sale now.



Claire

In this tense TV movie, Valerie Bertinelli (left) finds that the gift of second sight can also be a curse when she has psychic visions of murders that involve people she loves — as both suspects and victims.

Saturday, August 11, Hallmark Channel, 9 p.m. ET



LA Ink

The breakout star of *Miami Ink*, Kat Von D (right), gets her own show — and tattoo shop — in LA. Can the in-demand artist find the time to tattoo her clientele of rising stars while maintaining her hard-partying lifestyle? It's sure fun to watch her try!

Tuesday, August 7, TLC, 10 p.m. ET

new

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